

What will the Bio Cranial Practitioner do to Me?

The hands on mechanism used in the Bio Cranial System™ of treatment is designed to be used on both the right and left side of the patient. The procedure will vary as to the position of the patient whether they are sitting or laying down, and to whether they are an adult or a small infant, (babies love Bio Cranial Therapy™).

The actual procedure consists of the patient laying on their back, the practitioner picks up the head and moves around the patient and positions him/her self in a very exact position to apply a pressure to the back of the patient's head. There is NO jerking or sudden movement. The patient will feel a firm but gentle stretch in the muscles on the side of the neck toward the shoulder. The patient will feel a tension in the muscles, yet there should be very little to no pressure felt in the spine part of the neck. The muscle tension felt by the patient will vary according to the hidden stress in the patient's musculature. The patient will sometimes feel a warm relaxing sensation in the body, and many times they will feel their nose open, stating often that they can breath a lot easier. The comments most people make immediately is, "Wow, that's amazing!"

Most practitioners trained in the Bio Cranial System™ have already received extensive training in the management of musculoskeletal disorders during their course of graduate healthcare training. This training many times includes a variety of complementary and alternative medicine (CAM) treatments, (including acupuncture, massage, spinal manipulation, and mobilization) which typically lasts from 4-6 years before the addition of their comprehensive Bio Cranial Therapy™ training.

With these facts in mind the person locating practitioners trained in the Bio Cranial System™ must realize they will be in contact with a variety of practitioners (D.C., M.D., DDS., D.O., N.M.D., Acupuncturist, OMD., etc.) who have advanced training in this unique and powerful therapy. Each practitioners' approach to how they apply testing and evaluation of the patient may vary widely as to their approach to an individual situation. Application of the Bio Cranial System™ should be very similar.